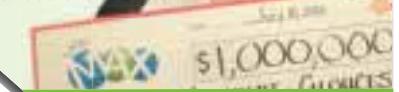




# FEVER PITCH

## BLUE JAY CARLOS VILLANUEVA DELIVERS A GOOD-OLD-FASHIONED SLIDER TO SHUT OUT CLEVELAND

PAGE 15

Helene Lambert  
July 6  
Gloucester

LONDON

# metro®

metronews.ca | twitter.com/themetrolondon | facebook.com/themetrolondon

Monday, July 16, 2012

News  
worth  
sharing.MAXMILLIONS  
\$1 MILLION  
WINNER

# Copyright deal could cost students more

**Western.** University jumped the gun on Access Copyright agreement, critics say

AMANDA  
GRANT  
london@metronews.ca

It could be some time before Western University students see the benefits — and possible savings — of a Supreme Court ruling that recommends loosening copyright rules for photocopied classroom texts.

That's because Western officials signed a two-year deal in January with Access Copyright, setting a flat rate of \$26 per full-time student for the use of copyrighted material. Much, if not all, of the cost is expected to be passed along in the form of a student fee, officials have said.

By signing the agreement, Western acted too soon, critics say. Samuel Trosow, an associate professor of media studies

### What is it?

- Access Copyright is a non-profit that makes sure authors and publishers receive royalties for materials taken from written works.

about the deal.

"Western is reviewing the Supreme Court decision," Keith Marnoch, director of media and community relations, said in an email. "Our current agreement with Access Copyright expires in December 2013, and all the current developments concerning this issue will help inform what we may choose to do at that time."

Other critics include the University Students' Council and the Society of Graduate Students.

The Association of Universities and Colleges of Canada followed the example set by Western and the University of Toronto, signing an agreement with Access Copyright in April, Trosow says. That means students at other institutions, such as McMaster, are facing the same issue.

"Western has won the race to the bottom in copyright policy," Trosow said.

The University of British Columbia and York University were among the schools that rejected a deal.



A sweet gesture  
**ANY WAY YOU CUT IT**

Mitch Holmes, owner of One Stop Cutz and Styles (177 Dundas St.), gives Kameron Bechard, 11, of London a trim on Sunday during a fundraising event. The cut-a-thon kept a team of stylists busy raising money for the Salvation Army's London Village, which offers a variety of services including programs for those living with Alzheimer's. "I've been so blessed in my life," Holmes said. "I thought it was time to give back." AMANDA GRANT/FOR METRO



GIVING CANADA'S ATHLETES  
THE VISION TO SUCCEED

LASIK starting at \$490/eye\* • FREE Consultation: 1-855-895-2020 • [www.lasikmd.com](http://www.lasikmd.com)

**LASIK MD**  
VISION



© 2012 LASIK MD Inc. All rights reserved. LASIK MD is a registered trademark of LASIK MD Inc. \*Subject to approval by a medical professional. Actual results may vary. Individual results are not guaranteed. Individual results are not guaranteed.



*“WIND gave me a way cooler phone with more talk and data for \$20 cheaper than my old wireless carrier. Thanks WIND.”*

- Mary-Beth K. of Toronto  
WIND CUSTOMER SINCE DECEMBER 2010

THAT'S THE POWER OF  
  
**WIND**™

# A PHONE THAT'S HUNGRY FOR DATA ..... WITH OUR .....

## ALL-YOU-CAN-EAT PLAN.



**\$40**  
per month

.....  
**UNLIMITED**  
**CANADA-WIDE**  
**TALK + TEXT + DATA**  
FROM ANYWHERE ON OUR NETWORK  
TO ANYWHERE IN CANADA.  
.....  
**NO TERM CONTRACTS.**  
**NO HIDDEN FEES.**

..... NEW .....  
**Samsung GALAXY S III™**  
..... Only on WINDtab™ .....

Conditions at  
**WINDmobile.ca**

While supplies last. Purchase of a Samsung Galaxy S III only available on WINDtab. Other conditions apply. WINDtab is only available at participating locations. Data services subject to WIND's Fair Usage Policy and Internet Traffic Management Policy. All services subject to WIND's Terms of Service and are for personal use by an individual. Applicable taxes extra. Full details at WINDmobile.ca. WIND and WIND MOBILE are trademarks of Wind Telecommunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. © 2012 WIND Mobile. © 2012 Samsung Electronics Canada, Inc. Samsung and Samsung Galaxy S III are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated.

**Warrant issued**

## Man stabbed in elevator

Police have requested a warrant for a man believed to have been involved in a Sunday stabbing at a downtown apartment building.

Police were called at about 3:10 a.m. to the building near Talbot and Ann streets and found the victim in an elevator with a stab wound to his knee.

Brady Decoursey, 19, of London is wanted on five charges, including robbery and aggravated assault.

**METRO**

**Vandalism**

## Artist painted with GUSTO: Cops

Police say they've nabbed a graffiti artist who has allegedly been tagging "GUSTO" across the city since September 2011.

Stephen Woods-Ingham, 19, of London is charged with 10 counts of mischief under \$5,000.

Police say the arrest was part of a "long investigative process."

**METRO**

**Industrial accident**

## Man injured at Masonville mall

A man was taken to hospital Saturday morning after receiving electrical burns to his hands and arms while renovating the former Zellers store at Masonville Place, police said. **METRO**

**Keen eye**

## Morning break-in thwarted by tip

At around 5:30 Thursday morning, police say they received a report of a suspicious man moving furniture onto the front lawn of a Piccadilly Street house.

Officers arrived and arrested Nicholas Witiw, 50, of London for breaking-and-entering and theft.

**Suspect ran off**

## Search on for purse snatcher

Police are continuing to look for a man wanted in a Thursday evening purse snatching at Food Basics (1401 Ernest Ave.).

The suspect is described only as a thin white man wearing a black ball cap.

**METRO**



A busy week's on tap around city hall as city council meetings resume after a hiatus that started Canada Day weekend. ANGELA MULLINS/METRO FILE

# Council break over, now time to get busy

### Work to be done.

Committees due for busy week after break that started Canada Day weekend

contract for overhauling downtown's Market Lane, on the community services committee table Tuesday.

Monday's schedule includes a planning and environment committee meeting that will see city staff give an update on planning for redevelopment of the South Street Hospital lands. A master plan for the project is in the works and is expected to be completed in early 2013, city staff say.

Also on Monday, councillors on the finance and administrative services committee will be asked to approve a preliminary list of 12 projects worth a combined \$4.3 million as candidates for funding through a federal

program announced earlier this month.

The majority of projects are included in the city's 2013 capital plan, so federal money would reduce the anticipated cost to taxpayers, administrators say.

Proposals for funding include \$550,000 worth of upgrades at Carling Arena and \$800,000 worth of work at Tourism London's headquarters.

The finance committee will also be asked to approve a \$1.54-million asbestos abatement contract for police headquarters. The contract includes some renovations in office areas from which asbestos is being removed.

### Meetings this week

- Mon., 1 p.m. Finance and administrative services
- Mon., 4 p.m. Planning and environment
- Tues., 4 p.m. Civic works
- Tues., 4 p.m. Public safety
- Tues., 7 p.m. Community services
- Wed., 9 a.m. Investment and economic prosperity
- Thurs. 9 a.m. Investment and economic prosperity

1  
NEWS

**On the web**

## The Boss gets cut off

British rock fans were treated to an abrupt concert ending, when Bruce Springsteen and Paul McCartney had their mics cut off by show promoters at a London gig over the weekend. Go to metronews.ca to find out why the Boss and the Beatle were silenced.

## Mr. Normal and his 'tweetgate'

French President Francois Hollande has had his carefully cultivated Mr. Normal image tarnished thanks to a little family feud that spilled over into Twitter. Go to metronews.ca to find out why "tweetgate" is bad news for the new president.

**Mobile news**



Tony Stark himself (Robert Downey Jr.) joined Marvel Studios boss Kevin Feige at the San Diego Comic-Con this weekend to announce Marvel's upcoming slate of superhero movies and drop a few tantalizing clips from Iron Man 3. Scan this code to find out what else is coming up in Marvel's movie calendar.

## Community. Pillar announces award finalists

The Pillar Nonprofit Network has announced the finalists for this year's Community Innovation Awards.

The awards will be given out Nov. 13 during an event that celebrates local nonprofits, charities, people, businesses and government-sector groups working to make London a better place.

The finalists are:

- Art for AIDS International, A Book for Every Child, the Massey-Cruickshank Breast Cancer Patient Assistance Fund.
- Leadership
- Cohen Highley LLP, Diane Kelly, Will Graham.
- Impact
- Beverley Thomson, London

### Staying informed

To learn more about Pillar Nonprofit and the Community Innovation Awards, visit [pillarnonprofit.ca](http://pillarnonprofit.ca).

Intercommunity Health Centre, Lucille Brennan.

### Collaboration

— Gerontology in Practice-Community Service Learning, London Dental Community Cares, The Pledge.

Winners will receive \$2,500 for the charity of their choice and have their name engraved on a plaque at the Central Library.

**METRO**

# Western University geologist trains astronaut in Arctic

**Giant crater as classroom.** Training aims to get astronauts ready for future trips to moon, elsewhere

JULIAN  
UZIELLI  
julian@metronews.ca

You might be able to count one small step for London on the next moon mission.

That next voyage may not be for years. But, when it happens, Canadian Space Agency astronaut Jeremy Hansen will be primed and ready to study the surface thanks in part to training from Gordon Osinski, a planetary geologist at Western University.

The pair was part of a six-person team that travelled this month to the Arctic, turning a huge crater into a geology lesson about what Hansen may encounter on the surface of other celestial bodies.

Though the crater is ancient, it wasn't discovered until recently.

"One of the reasons we took Jeremy along was this was very much an exploration-driven trip," Osinski

## Where it's at

- The newly discovered impact crater, about 20 kilometres in diameter, is northwest of Victoria Island, straddling the border between Nunavut and the Northwest Territories.



A team from Western University and Canadian Space Agency astronaut Jeremy Hansen returned Friday from exploring an Arctic impact crater near Victoria Island. The picture above shows a canyon that runs through the site. CONTRIBUTED/GORDON OSINSKI

said. "(We went) somewhere really just like a planetary mission, where none of us had ever been."

Astronauts haven't been trained in geology since the Apollo missions, which ended in 1972, Osinski said. But as NASA begins to turn its sights back to the moon, asteroids and, eventually, Mars, it's important that astronauts be prepared, he said.

"On all of those three, the main thing they'll be doing, unlike on the space station, is geology," he said.

Studying the geology of craters can help scientists learn what minerals and resources may be hidden beneath the surface, yielding potential economic benefits.

Though some astronauts have backgrounds in science, many like Hansen, a former

Canadian Forces fighter pilot, have little.

"What we're trying to do

here is slowly, over time ... give (Hansen) the basic geology skills so he can bring

back the right samples, make the right decisions, on whatever mission he gets to go

on," Osinski said. "Even if it's 10 years off, we've got to start this training now."

## Art show raises money, awareness for Banting House



London artist Nik Harron displays his work at the Banting and Friends art show Sunday outside the Banting House. The annual event is a fundraiser for the house-turned-museum where Sir Frederick Banting discovered insulin in 1921. JULIAN UZIELLI/FOR METRO

London got a shot of local art this weekend at Banting House's fourth annual Banting and Friends art show.

The show highlighted works by five London artists to raise money for Banting House, where insulin founder Sir Frederick Banting operated his medical practice.

"As Canadians, we know Banting for the discovery of insulin. What a lot of us don't know is that he was actually a pretty good painter,"

## House-turned-museum

- Banting House, where Sir Frederick Banting discovered insulin, is located at 442 Adelaide St. N.
- For information about the museum, visit diabetes.ca.

said Grant Maltman, the museum's curator.

The art show was created

as a way to benefit both local artists and Banting's memory and carry on his artistic legacy. Half the proceeds from sales went to the Banting House museum with a goal of bringing in \$10,000.

The show is the only annual fundraiser for the museum, Maltman said. Other money for operations comes from the Canadian Diabetes Association.

Banting did about 200 paintings, and frequently

painted landscapes with A.Y. Jackson of the Group of Seven. "It became his great escape," Maltman said.

Along with preserving history and helping local talent, the annual show plays another important role.

"We take the discovery of insulin almost for granted now," artist Diana Tambyn said. "It saves people's lives every day, and the history of it started here."

JULIAN UZIELLI/FOR METRO

### Bathurst Street

#### Community barbecue planned

The Salvation Army Centre of Hope will have its third annual community barbecue on Wednesday.

Hamburgers, hotdogs and drinks will be served up from 11 a.m. to 2 p.m. along Bathurst Street.

The barbecue is made possible by financial support from Zaid Joseph, owner of London's S.E. Freight Systems. METRO

### BMO Team of the Week

#### Soccer team earns donation for children's charity

The Children's Health Foundation has received a \$500 cheque after London's Nor'West Rebels soccer team was recently named a BMO Team of the Week.

Team of the Week recognizes youth teams, in part, for being committed to the community. METRO

### Kiwanis Park

#### BIA planning art event

The Argyle Business Improvement Association will have its inaugural Argyle Art in the Park event from 11 a.m. to 6 p.m. Aug. 25 at Kiwanis Park.

Local artists will showcase their work and local musicians will perform. A movie in the park will follow at 8 p.m.

For more details, go to argylebia.com. METRO

### Citi Plaza

#### Rooftop film fest makes a comeback

Citi Plaza's rooftop film festival is making a return this summer.

The annual series starts July 27 with Indiana Jones and the Raiders of the Lost Ark, and continues Aug. 3 with No Strings Attached and Aug. 10 with Ferris Bueller's Day Off.

All shows start at 8 p.m. on the mall's eighth-floor parking deck. METRO

### Covent Garden Market

#### Viva London! festival to celebrate cultures

Viva London! will take over the Covent Garden Market next weekend.

The Colombian-Latino-American festival will include music, contests, international food and dancing.

Hours are 1 to 10 p.m. Saturday and 10 a.m. to 10 p.m. Sunday. METRO

### Siblings

#### Police identify Port Burwell drowning victims

Ontario Provincial Police have identified Lisa Harder, 10, and David Harder, 7, as the children who drowned Friday at Port Burwell.

The brother and sister are from Norfolk County's Glen Meyer community.

A third child was rescued during the incident. METRO



## Two lawn chairs, 350 balloons, a ton of courage

Oregon gas station owner Kent Couch and Iraqi adventurer Fareed Lafta lifted off Saturday from Couch's gas station in an attempt to fly 360 miles to Montana. The flight was a warm-up for a future one planned in Iraq. Thunderstorms in the region forced them to abort the mission and they descended, safely, from 3,000 metres. The balloons represented the colours of the U.S. and Iraqi flags. JOE KLINE/THE BULLETIN/THE ASSOCIATED PRESS

## Questions remain over Romney's business history

The political uproar over Mitt Romney's history as a businessman opened the U.S. presidential campaign week Sunday as key advisers to the Republican candidate and U.S. President Barack Obama each hammered away at the issue that is consuming the race for the White House.

Romney continues to struggle with charges that he remained in control of Bain Capital, the private equity firm he co-founded and the source of his massive fortune, well beyond when he contends he left the company in 1999 to run the Salt Lake City Olympic Games.

What's more, his campaign is encumbered with his failure to explain accounts he maintained overseas — in Switzerland, Bermuda and



Mitt Romney THE ASSOCIATED PRESS

the Cayman Islands.

Romney said again in five television interviews on Friday that he had no intention of releasing any more federal income-tax returns, a fact that is fueling the Obama campaign's message that the former governor of Massa-

chusetts has not been transparent about his financial history. Romney has released his 2010 return and a partial estimate for 2011. Other candidates for U.S. president have provided far more information about their finances. THE ASSOCIATED PRESS

### Jason Kenney speech

## Teen questioner arrested by cops

A protester who made it into a Conservative party barbecue in Edmonton says he was dragged out of the event and arrested by police when he tried to ask Immigration Minister Jason Kenney a question.

Bashir Mohamed, 17, planned to confront Kenney about the federal government's cuts to refugee health care.

Mohamed said he was born in a refugee camp in Kenya and came to Canada with his parents when he was three.

He said he stood up and began to ask a question while Kenney was speaking.

but was quickly grabbed by four men who pulled him outside.

He said police arrested him, but he was later released without charges.

"The police were very nice. They just wanted to figure out what was going on. I have nothing against the police," Mohamed said after he was released.

THE CANADIAN PRESS

# Suspects on terror list not flagged: Report

## Summer Olympics.

Fresh security concerns reported with the Games to start in London in just 12 days

Britain's Olympic security plans fell under fresh scrutiny Sunday, with a newspaper reporting that several people on a terror-watch list have been waved through airport border controls without being flagged.

At the same time officials are still trying to calm the uproar over a security contractor's failure to provide its promised number of staff.

The Observer newspaper's report is the latest in a series of last-minute concerns to surface as London gets ready to host the Olympic Games



Passengers at London's historic St. Pancras train stations.

CHARLIE RIEDEL/THE ASSOCIATED PRESS

from July 27 to Aug. 12.

The paper said that, since the start of the month, immigration staff at London's Heathrow Airport had missed several people on a secur-

ity watch list whose arrival in the country was meant to have been reported to counter-terrorism police or Britain's domestic intelligence service.

The newspaper cited unions as suggesting that staff brought in to help relieve the pressure at Heathrow, which has faced recurring problems handling large influxes of passengers, weren't being properly trained.

The airport, Europe's busiest, has recently struggled to clear huge lines that build up at immigration checkpoints during peak times, leading to fears of Olympics-related chaos as tourists fly in to watch the games.

The paper's report left it unclear whether the people on the watch list were still in the country or whether they were intercepted later.

THE ASSOCIATED PRESS

# Colombian Latino American Festival

July 21 & 22

Sat. 2 pm - 10 pm • Sun. 10 am - 10 pm



COVENT GARDEN

MARKET

The Heart of London

130 KING ST., LONDON

coventgardenmarket.com

f/coventgardenmarket

Regular Market Hours: Mon. to Sat. 8 to 6, Fri. 8 to 7:30, Sunday 11 to 4

## Central, Eastern Canada

## Forest fires up

Extreme heat and dry conditions in parts of Central and Eastern Canada have led to a surge in forest fires, limits on water use, and concerns about crops.

Record temperatures for Ontario, Quebec and the Maritimes were set this summer. **THE CANADIAN PRESS**

## Ribfest

## Lightning sends 17 to hospital

Seventeen people were hospitalized with non-life-threatening injuries on Sunday after lightning struck a tent with hundreds of people inside at a food festival in Whitby, Ont.

**THE CANADIAN PRESS**

## Sex-abuse scandal

## Paterno's halo removed

An artist has removed a halo from a mural of football coach Joe Paterno amid the school's sex-abuse scandal. The artist added a large blue ribbon instead on Paterno's lapel symbolizing support for child-abuse victims. **THE ASSOCIATED PRESS**



A portrait of Sue and Joe Paterno by artist Bill Rettig. **GENE J. PUSKAR/THE ASSOCIATED PRESS**

## Alexandria, Egypt

## Tower collapse kills 11

An apartment tower under construction collapsed on adjacent buildings in the Mediterranean city of Alexandria, killing 11 people, Egypt's Health Ministry said Sunday.

The ministry said five other people were injured and that search teams were searching for survivors buried

under rubble.

The 11-storey building in the poor neighbourhood of al-Gomrok collapsed late Saturday onto three adjacent buildings, reducing much of the structures to rubble. All the dead and injured lived in the three smaller buildings.

Building collapses are not uncommon in Egypt, where shoddy construction is widespread in shantytowns. **THE ASSOCIATED PRESS**

# Syrian conflict a civil war: Red Cross

## Formal declaration.

Announcement comes as UN observers investigate farm-village assault where dozens were reported killed

Syria's 16-month bloodbath crossed an important symbolic threshold Sunday as the international Red Cross formally declared the conflict a civil war, a status with implications for potential war-crimes prosecutions.

The Red Cross statement came as UN observers gathered new details on what happened in a village where dozens were reported killed in a regime assault. After a second visit to Tremseh on Sunday, the team said Syrian troops went door-to-door in the village, checking residents' IDs and then killing some of them and taking others away.

According to the UN, the attack appeared targeted at army defectors and activists.

## Quoted

**"International humanitarian law applies to all areas where the hostilities are taking place."**

Hicham Hassan, International Committee of the Red Cross spokesperson



A residential area is submerged by torrential rain overnight in Kyoto, Japan, Sunday. **KYODO NEWS/THE ASSOCIATED PRESS**

## Dozens dead, thousands cut off after floods, mudslides hit Japan

Thousands of people in southern Japan remained cut off Sunday by floods and mudslides triggered by torrential rains that have killed at least 26 people, local authorities said.

Evacuation orders issued a day earlier for a quarter of a million people were lifted in most areas Sunday as the rains subsided, allowing many people to return home.

But thousands remained cut off by landslides or fallen trees that blocked roads in mountainous areas.

More than 3,000 people were left stranded in Yame, in Fukuoka Prefecture in southwestern Japan, where roads were cut off to seven districts, the Kyodo news agency reported, citing local authorities. The Japanese military airlifted

food by helicopters to stranded districts.

Local officials raised the death toll from the torrential rains in the northern parts of the Kyushu region to 26 and six people remain missing in Kumamoto, Oita and Fukuoka prefectures, Kyodo reported. Most of the victims were in their 70s and 80s.

In Yame, a 70-year-old man

died after being caught in a landslide, while another man died in Yanagawa, also in Fukuoka, after being retrieved from a car at an irrigation channel floodgate, according to local authorities, Kyodo reported.

In Kyoto Prefecture, heavy rainfall of up to 90 millimeters per hour flooded around 100 houses each in Kameoka and Kyoto. **THE ASSOCIATED PRESS**

## Arab Spring. Canada froze billions in assets: Document

Canadian authorities red-pencilled almost \$4.3 billion in suspect assets belonging to dictators, allegedly corrupt officials and others in response to the Arab Spring uprisings, newly disclosed documents say.

An RCMP briefing note says the national police force's federal policing branch worked with the Foreign Affairs Department, Public Safety, security intelligence agencies and Canadian banks to "identify and freeze" the assets.

Privacy law and the confidentiality surrounding investigative efforts means only a portion of the \$4.3 billion can be discussed and accounted for publicly.

**Access to information**

- The note, obtained by The Canadian Press under the Access to Information Act, paints a picture of the extent to which Canadian officials toiled behind the scenes to drain the financial lifeblood of Arab dictatorships.

The Special Economic Measures Act (SEMA) allows cabinet to impose sanctions when "a grave breach of international peace and security" has occurred and likely will result in a serious crisis. **THE CANADIAN PRESS**

## B.C. landslide. Search efforts continue for missing persons

Crews kept a close eye on the weather as it hampered search efforts for four people believed to be buried in a massive landslide in southeastern British Columbia.

Bill Macpherson of the Central Kootenay Regional District said the slope of mud, trees and other debris was deemed stable enough on Sunday for rescue workers to head back to the tiny community of Johnson's Landing.

As of press time, the search continued, although unstable weather conditions meant there was a chance it would be called off.

About 70 people from search and rescue, RCMP and other orga-

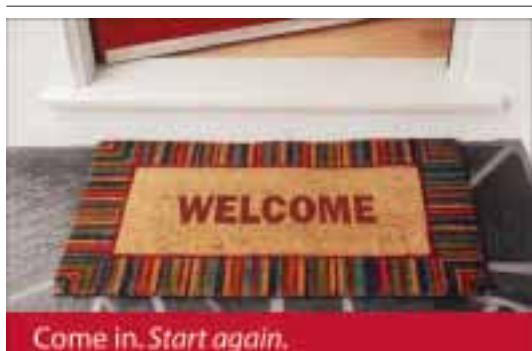


Valentine and Rachel Webber, shown in an undated photo, are among the missing. **CONTRIBUTED**

ganizations had personnel participating in the search.

At least three homes were crushed by the slide in the tiny hamlet on Thursday.

**THE CANADIAN PRESS**



Delta spinning out of control? Feeling overwhelmed? We're here for YOU. For a FREE financial assessment, meet with us and learn about our solutions. Learn how you can stop the collection calls, protect your assets, make one manageable payment on debt and **start again**.

519.310.FREE  
or visit us at [www.mclay.ca](http://www.mclay.ca)

**Mclay**  
Financial Management

Helping people throughout Southwestern Ontario with debt relief for over 20 years.

# Canada's domain registry celebrates 25-year mark

**Oh, Canada.** Online suffix has now grown to become the 14th largest registry out of 250 worldwide

How much can two letters accomplish in 25 years? Enough to become an entire country's online home and electronic national brand.

Few Canadians may have understood the significance of the .ca top-level domain when it first came into being in 1987, but a quarter-century later, few are left in any doubt.

The Canadian government, the bulk of the country's academic institutions and hundreds of sites that fuel national e-commerce are just a few of the two million domains that have chosen to append the .ca suffix to the end of

their websites.

It attracted only eight applicants when it was first conceived, but has now grown to become the 14th largest registry out of 250 worldwide, according to the Canadian Internet Regulation Authority, which oversees the network.

The man behind the .ca registry little envisioned such growth when he set out to carve out Canada's niche in cyberspace.

John Demco, then a computer science student at the University of British Columbia and now an industry consultant, said his decision to create the .ca suffix was driven largely by patriotism and a desire to make research easier.

Demco felt a uniquely Canadian top-level domain would smooth communications for researchers across the country while establishing the country's cyber identity.

## Early adopters

- Eight months after the .ca suffix was established on May 14, 1987, Demco began accepting applications from other institutions that wanted to join the fledgling network.
- The University of Prince Edward Island was the first to snap up a .ca address, followed shortly by five other universities and two research labs.

As the Internet became more cohesive and worked its way into more Canadian households, Demco watched his two-letter project grow to encompass some of the country's most prominent institutions.

THE CANADIAN PRESS



## Myanmar farmers stand up for their rights

A group of farmers stage a protest rally in Yangon, Myanmar, on Sunday. The farmers near Yangon region are fighting back against confiscation of their farmlands by local authorities and businesses. The protest was the first public assembly to be held after the Myanmar government introduced the new Peaceful Assembly and Peaceful Procession Law last year. THE ASSOCIATED PRESS

### Tech troubles

#### RIM loses \$147.2M patent lawsuit

Research In Motion was hit with another setback Friday as a California jury ordered the company to pay \$147.2 million in a patent lawsuit. RIM said it is "disappointed" the jury sided with Mformation Technologies and is "evaluating all legal options." THE CANADIAN PRESS

### Resource development

#### Aboriginals need resource say: Report

A new report due Monday from the Canadian Council of Chief Executives in advance of the annual meeting of premiers later this month is urging the provinces to make aboriginal communities full partners in developing energy and mining projects. THE CANADIAN PRESS

### Global banking

#### Canadian link to LIBOR scandal?

Documents filed in Ontario court suggest Canada's competition bureau is investigating a possible Canadian link to the scandal that's rocking the world of global banking — the manipulation of a key international interest rate known as the LIBOR rate. THE CANADIAN PRESS

Register early at  
**METRO  
AUCTIONS.ca**

before July 31<sup>st</sup>  
for a chance to

**WIN**

**A 42" TV  
AND A**

**DIGITAL  
SURROUND  
SYSTEM**



Thousands  
of \$\$\$ in online  
auction items starting  
September 7, 2012!

# WEBSITE MIXES PASSION FOR THEATRE, EDUCATION



URBAN COMPASS

Todd Devin  
london@metronews.ca

Like many good independent websites, Stratford Festival Reviews began as a labour of love.

In Keith Tomasek's case, it was his love for theatre, which

dates back to his college days.

"We took a class trip to Stratford, and I'll never forget the amazing production of Death of a Salesman," said Tomasek, a lecturer in Western University's faculty of information and media studies. "With the website, I hope to share my passion ... not only for theatre but for critical writing too."

## Conception

**"One of my goals was to provide information that would help folks decide what shows were right for them. Stratford is producing 14 shows this season. Who has the time, or the disposable income, to see them all?"**

Keith Tomasek on his website, Stratford Festival Reviews

Stratford Festival Reviews is also serving as a valuable resource for the tens of thousands of theatregoers who flock to the internationally recognized Stratford Shakespeare Festival during the summer.

"One of my goals was to provide information that would help folks decide what shows were right for them," Tomasek said about the site that started in 2009. "Stratford is producing 14 shows this season. Who has the time, or the disposable income, to see them all?"

One way Tomasek helps make the decision easier is

by providing links to a collection of reviews for each show. The featured reviews are written by professional theatre critics at local and national media outlets.

But gone are the days when professional reviews are all the public has to go by. Social networks have given rise to voices across the Internet, and theatregoers are hearing more and more of what amateur critics have to say.

That's one of the big things Tomasek wanted to tap into.

"I knew Stratford had a strong fan base, but there was no way to predict how active they would be on social networks," he said. "But people are really catching on."

Site traffic was up nearly 70 per cent in June compared to last year. Tomasek credits much of that to the addition of a blog and Twitter to the site — giving

visitors more opportunities to participate in the process.

The blog has a lot of information, including festival news and rumours, profiles on emerging actors, a list of family activities in Stratford, and reviews of nearly 20 area restaurants.

There are also regular posts about deals and discounts available at the festival, which have been met with positive feedback, Tomasek said.

A Facebook user, who recently reported back to his friends about a "spectacular deal" he found on a pair of upcoming shows in late July, added, "(Tomasek) outlines the deal here on his very fine blog — always look here before you plan a trip."

That type of feedback, Tomasek said, is what keeps him going.

After all, like many labours of love, Stratford Festival Reviews is not a moneymaker. But Tomasek enjoys the hobby and sees it as another outlet for educating young minds.

"I hope that young people with an interest in theatre visit the site," he said. "It's a great tool to develop critical-thinking skills."

President: Bill McDonald • Vice-President & Group Publisher, Metro Eastern Canada Greg Lutes • Editor-in-Chief Charlotte Empey • Deputy Editor Fernando Carneiro • National Deputy Editor, Digital Quin Parker • Managing Editor, London Jim Reyno • Managing Editor, News & Business Amber Shortt • Managing Editor, Life & Entertainment Dean Lisk • Vice-President, Sales Quin Millar • National Sales Director Peter Bartrem • Sales Manager Charlotte Piper • Distribution Manager Rob Delvallet • Vice-President, Business Ventures Tracy Day • Vice-President, Creative Jeff Smith • Vice-President, Marketing & Interactive Jodi Brown • Vice-President, Finance Phil Jameson • METRO LONDON • 350 Talbot Street Main Floor London ON N6A 2R6 • Telephone: 519-434-3556 • Fax: 888-474-3094 • Advertising: 519-434-3556 Ext. 2222 • adinfo@london@metronews.ca • Distribution: london\_distribution@metronews.ca • News tips: london@metronews.ca • Letters to the Editor: londonletters@metronews.ca

# Toy blocks stack up to be fine art



CHANG YING-YING/THE ASSOCIATED PRESS

## T-Rex is 'Lego'-like

### Exhibits feature only Lego sculptures

A visitor looks at New York-based artist Nathan Sawaya's artwork dubbed "T-Rex," constructed with Lego bricks during The Art of the Brick exhibition in Taipei, Taiwan, on Sunday.

The exhibition, also on tour in North America and Australia, is the first to display sculptures made solely of Lego bricks.

Each exhibition uses almost one million Lego pieces to produce awe-inspiring creations.

THE ASSOCIATED PRESS

## The artist, the man

- Growing up, Sawaya was always a creative child. From drawing cartoons, crafting stories, perfecting magic tricks, and obviously playing with Lego, he was able to discover his talent.

- He worked as a corporate lawyer until 2001, when he quit to take a job as a builder at Legoland — a job that paid only \$30,000 US.

- He now works as a freelance artist and accepts commissions from celebrities, corporations and everything in between.



Does this Lego man look familiar?

CONTRIBUTED

**"I buy all of my bricks just like everyone else. I spend over six figures on bricks annually. My local Target loves me."**

Nathan Sawaya in a statement on his website, regarding the 1.5-million coloured bricks in his New York studio.

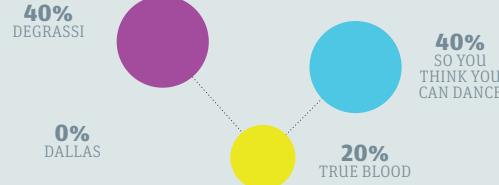
## Check it out

[brickartist.com](http://brickartist.com)



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca) and take the quick poll

### What's your can't-miss TV show this summer?



@aleduc91:

Is it sad the only thing I have to look forward to today is Oven Roasted Chicken #suboftheday? #lonely #london

@large\_coffee:

It's finally raining in #ldnont! Good thing I decided to straighten my hair for work today

@MissBellaVita:

I tried a wheat grass shot from #OnTheGoOrganics at Farmer's Market for the 1st time & wow

that's an acquired taste! #WorthIt though #ldnont

@DanaJamesLondon:

Wonderful sweet corn and bbq pork chops for dinner courtesy of the farmers at the western fair market - lucky to live in #ldnont

@TwoRealtors:

@justinbieber if you could only witness the amazing #bieber concerts that take place in my car on family road trips! You'd be proud #ldnont

# Batman royale

A quintet of actors have donned the cowl and taken up the mantle of film's guardian of Gotham City. While they all hide out in a cave and chase after deranged nutballs, there are many hues of grey in the Batman rainbow, from winking goofball to neurotic loner in need of Zoloft. The question is: If you needed to summon the Dark Knight (taping a bat emblem to a flashlight can work in a pinch), which iteration would you want strapping on the utility belt?

MIKE DOJC  
scene@metronews.ca



## Adam West

In spite of the barrage of Hollywood block-busters that followed his tenure in the suit, the irreverent hero who saves the day by bam, zap, and ka-pow!ing scores of henchmen remains the definitive Batman in much of the world. The '60s TV series and its companion movie were the height of camp. West delivered his kooky lines with deadpan sincerity, wearing the scripts' overt corniness all over his polyester batsleeves and his underwear on the wrong side of his pants. But after West drank a cool glass of milk he could get to the bottom of any pun-ridden plot.

**Après Batman Utility:** West was offered the part of James Bond in *Diamonds Are Forever* and turned it down. Nowadays he voices Mayor Adam West, a nutty caricature of himself, on *Family Guy*.

Batarangs: 9 out of 10



## Michael Keaton

When Keaton first got the nod to play Batman in the 1989 Tim Burton directed reboot, fan-boys griped that the star of *Mr. Mom* and *Beetlejuice* was an out-of-left-field choice. But Keaton would win over even the most persnickety of the bunch and reprised the role in 1992's *Batman Returns*. Despite a restrictive rubber bat suit that often made his movements appear stiff and wooden, Keaton clicked on all cylinders as the stoic vigilante plagued by the anguish of his parents' murder.

**Après Batman Utility:** Keaton's arched eyebrows turned up in a bunch in '90s movies but his output mellowed into the millennium as he started taking on daddy roles in forgettable fare like *First Daughter* and *Post-Grad*.

Batarangs: 8 out of 10



## Val Kilmer

Kilmer had his hands full in 1995's *Batman Forever*. He was tasked with grooming an acrobatic sidekick and wooing a sexy psychologist all while squaring off against a pair of fiendishly insidious maniacs from his rogues gallery in *Riddler* and *Two-Face*. Kilmer was an assured and appealing Batman and gets top marks for looking a lot more like the comic book depiction of Bruce Wayne as a gallivanting playboy than his predecessors. Meanwhile, Kilmer's reportedly batty behaviour between takes had him at loggerheads with director Joel Schumacher. "Val is the most psychologically troubled human being I've ever worked with," he told *Premiere* magazine.

**Après Batman Utility:** While his 1990s heyday is well in the rearview, the now chubbier Julliard-schooled thespian continues to work steadily.

Batarangs: 7 out of 10



## George Clooney

Clooney had the misfortune of starring in the nadir of Batman flicks and having the most anatomical suit complete with nipples. A critical and commercial flop, *Batman & Robin* meanders for 125 merciless minutes of canned dialogue, hokey one-liners, and senseless subplot overload. Clooney didn't do the movie any favours. He failed to capture the spirit of the character and comes across as way too dull and well adjusted to be believable as a modern version of the World's Greatest Detective. Compared with the previous two Batman incarnations, he is Papa Smurf in a cape with some kung-fu moves.

**Après Batman Utility:** Clooney was still doing ER when he shot Batman's biggest clunker. Despite his tarnishing of the bat-cowl, his Hollywood heavyweight years were still ahead of him.

Batarangs: 3 out of 10



## Christian Bale

The first time Bale pulled on the Batman costume he freaked out. "The claustrophobia was just unbelievable," said Bale at a recent press conference for *The Dark Knight Rises*. "I stood there and I thought, 'I can't breathe. I can't think. This is too tight, this is squeezing my head. I'm about to have a nervous breakdown.'" Once he got his bearings Bale plumb the darkest and most tortured corners of the D.C. character's psyche for inspiration. Unfortunately his thorough probe also produced his ridiculous snarl. Bale makes Batman sound like a guy in the witness protection program being interviewed on *Dateline*. He should try a duet with Tom Waits with that gravely tone.

**Après Batman Utility:** While Christopher Nolan's Batman trilogy has kept Bale busy, he's also managed to work his magic in *The Prestige* and take home a best supporting actor Oscar for his turn in *The Fighter*.

Batarangs: 7.5 out of 10



## SCENE

### Box office

## *Ice Age* freezes out competition

With Batman lurking, the prehistoric critters of *Ice Age: Continental Drift* ran off with the box office, with the movie earning \$46 million in its opening weekend. The 20th Century Fox animated film is the fourth in the decade-long *Ice Age* series and the first in 3-D. The studio's box office estimate Sunday for the North America performance of *Continental Drift* was on par with previous *Ice Age* movies but well below the opening weekend of the second installment, *The Meltdown*, which opened with \$68 million. In its second week of release, *The Amazing Spider-Man*, Sony's reboot of the web-slinging superhero, earned \$35 million, pushing it just past a total of \$200 million domestically. The much-anticipated Batman sequel *The Dark Knight Rises* opens Friday.

THE ASSOCIATED PRESS

### On the web



French far-right party to sue Madonna for video showing its leader with swastika

# MAXWELL

R&B crooner dishes on dance music's domination, D'Angelo's comeback and his upcoming album *blackSUMMERS'night*

## 'I GOT TO TELL YOU, MAN, DEFINITELY IT MOVES'

Maxwell may have cancelled his six-date, three-city U.S. tour because of vocal hemorrhaging and swelling, but he's still hard at work on his upcoming album.

The soul crooner says *blackSUMMERS'night*, due out this year, will be more upbeat compared to his previous efforts. But don't expect to fist pump to his new sound. He also said the follow-up to 2009's Grammy-winning *BLACKsummers'night* will take on a gospel sound.

In a recent interview, the 39-year-old talks about his new music, D'Angelo's comeback and dance music's domination on U.S. radio.

### How's the new album coming along?

It's my daily chore, let me tell you ... And I've got these other things that I'm doing with friends, other people's projects as far as production, possibly guesting, those things come in and out ... I

like it though.

I got to tell you, man, definitely it moves, it's not like I abandoned everything and I'm going to colour my hair purple and do the punk thing. No. But it definitely kind of moves somewhere else past the *BLACKsummers'night* super-soul perspective music, the way that record was, we have a soul thing and we have a gospel thing on the new album, but we're definitely much more futuristic without the Auto-Tune.

### Is it a little more dance-y?

Yeah. It definitely gets you up in ways you wouldn't expect, you know. We have this song called *Of All Kind* and it's kind of slow, but it boogies.

And then we have up-tempo. I always want to make it right and I'll be honest with you, when I came off the tour (in 2010) I really wanted to get back in (the studio) again, but I just wanted to take a break and just have a little bit of fun.

So you charge up your batteries and you have something to talk about because you went out, was talking to some girl about whatever, you have things to experience. Then I got a chance to not change the album, but take it up a notch and give it that 2012 thing.

### Dance music has taken over U.S. radio. Are you a fan?

I like some of that music; I can't say I would go full-blown like that in terms of me doing that kind of music. I just think people want to pick up the pace a little bit ...

Sometimes I'm listening to Hot 97 and you'll hear a Rihanna song that's seriously really a house record. Let's just keep it real. That's just a house record; it should be at the club. It should not be coming after Young Jeezy. But it does now, I think it's cool. I think it keeps it new.

I'd be bored if radio just was stuck to one format, but I will go and make "house"



Maxwell's latest album is due out this year. HANDOUT

records on my album? No. I probably would have a remix because I have no problem with that and I do like house on some level, but it's just not what I do.

But I think some guys do it well. I think Chris Brown does it well ... More like pop artists, they're more into hits. I'm not hit-driven. I get a lot of songs that people call me about being on or being involved in, and then I hear them later and they're like smash hits and I'm like, "Oh,

I could have had that as a hit."

But I'm not so concerned because I'm not really trying to carve out this whole hit-monster energy. I want to be the thing you go to after you had all of that and had enough of all of that. That's my market. That's my little lane right there.

**D'Angelo is having a similar comeback like you did in 2009. How does it feel to**

### see his return?

I'm a fan. I couldn't not respect what he does. We're one year apart in age and we came up around the same time. It's great, great, great news to hear that. It really is.

THE ASSOCIATED PRESS

SIGN UP BY  
GET 50%  
OR SUPERC  
& GET A FR

# Three sensational services.

### digital plus tv

Get up to **250 channels** including up to 50 HD channels.

### express internet

Get up to **18 Mbps** download speed and 80 GB of monthly data usage.<sup>2</sup>

### essentials home phone

**Switching is easy.** You can keep your phones, jacks and phone number.



SPORTS FAVOURITE SPORTS FUTURE NEXT  
breathhtaking LIVE ANYPLACE CONVENIENT  
ANYPLACE CONVENIENT

action ENTERTAINMENT NEW RELEASE

STUNNING MOVIES FREEDOM MOVIES internet ACTION  
EXCITING NEW

Offers available for a limited time within Rogers cable service area in Ontario only and subject to change without notice to: (a) new Rogers cable customers; and (b) existing Rogers cable customers not currently on a term contract for cable services. Two-year term required. The TV portion includes monthly Digital Service Fee of \$2.99 and, where applicable, CRTC Local Programming Improvement Fund Fee (LPIF) of 1.5% of the recurring TV monthly service fee. 2 Speeds may vary with internet traffic, server gateway/router, computer quality, location and apply on a monthly basis and vary by tier of service. Charges may apply for additional use beyond the monthly usage allowance associated with your tier of service. For details, visit [rogers.com/keepingpace](http://rogers.com/keepingpace). 3 May be refurbished and model may vary from that shown. ©2012



Hope Solo. ALL PHOTOS GETTY IMAGES

## What really goes on in the Olympic Village

The world's best athletes engage in a very adult form of exercise in the Olympic Village, if U.S. gold medallist Hope Solo is to be believed.

"There's a lot of sex going on," she tells ESPN. "With a once-in-a-lifetime experience, you want to build memories, whether it's sexual, partying or on the field. I've seen people having sex right out in the open. On the grass, between buildings, people are getting down and dirty."

And according to the incredibly forthcoming soccer player, she-

nanigans at the Beijing Olympics in 2008 weren't just between athletes and other athletes.

"I may have snuck a celebrity back to my room without anybody knowing, and snuck him back out," Solo teases. "But that's my Olympic secret."

And late nights are apparently the norm — or at least they were during in Beijing.

"When we were done partying, we got out of our nice dresses, got back into our stadium coats and, at 7 a.m. with no sleep, went on the Today show drunk," Solo says.

"Needless to say, we looked like hell."

Y AUG. 6 &  
OFF TMN  
CHANNEL FOR 6 MONTHS  
SEE HD PVR<sup>3</sup>

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word

#### Zombie apocalypse even more doomed

MONICA WEYMOUTH  
scene@metronews.ca

Even for a zombie film, things are getting messy on the set of *World War Z*. After rewrites, the price tag is inching towards \$170 million, and the studio still isn't happy with the ending, according to *Vulture*.

It's so tense that Brad Pitt — who stars as a UN employee tasked with interviewing survivors after a worldwide zombie attack — is rumoured to no longer be on speaking terms with director Marc Forster, who may be replaced for upcoming reshoots.

"They have to be careful, because the (Directors Guild of America) has strict rules that say Forster has to be there on the set," a source tells the site. "But someone is likely to be brought in to help direct the new action scenes."



Lady Gaga reportedly hosted a sleepover at the Chateau Marmont with fellow 26-year-olds Lindsay Lohan and singer Lana del Ray, spending the evening "watching old movies and playing board games," sources tell X17.

"The three of them had dinner in the garden on Tuesday night at Chateau, and then Lindsay and Gaga ran upstairs to play dress-up and came down in different outfits," a source says. But judging by Gaga's Twitter feed, Lohan wasn't eating much.

"When you ordered a cucumber and a knife to the bar last night, I thought you were going to perform a vasectomy. Just a skinny b—," the singer tweeted to Lohan the next morning.



NOW FOR ONE UNBELIEVABLE PRICE.

**\$82 69/MO<sup>1</sup>**

for 6 months with a 2-yr. term.  
All monthly fees and  
modem rental included.

SWITCH TODAY CALL 1 855 254-4905 CLICK [rogers.com/saveabundle](http://rogers.com/saveabundle)  
VISIT Your local Rogers retail store

EDOM CABLE  
V RELEASE EASY  
FUTURE  
FAVOURITE  
FREEDOM  
EXCITING  
breath-taking  
ANYPLACE  
CONVENIENT  
FAVOURITE  
EXCITING

 **ROGERS™**

Early cancellation fees apply. Taxes extra. <sup>1</sup> Regular monthly rates for each service will apply after six-month promotional period for remainder of term. Regular monthly rates subject to change. A one-time installation charge of \$49.99 and activation fee of \$49.99 also apply. In the home, software and applications installed), home wiring, home network or other factors. Also see the Acceptable Use Policy at [rogers.com/terms](http://rogers.com/terms). Modem set-up: the system is configured to maximum modem capabilities within Rogers own network. Usage allowances

Rogers Communications

## 3

## LIFE

## Body image

**Teen Vogue snubs protestors**

Two girl crusaders who staged a mock red carpet show against *Teen Vogue* said their meeting with the magazine's top editor was brief and chilly. The two met with editor-in-chief Amy Astley for less than five minutes last week, when they delivered a petition bearing more than 28,000 signatures after their Times Square protest. Astley did not talk to Emma Stydahar, 17, or Carina Cruz, 16, about their request for *Teen Vogue* to declare in its pages that it doesn't digitally manipulate images. Instead, the girls were given copies of *Teen Vogue* and told to use them to learn more about the magazine. "It was kind of shocking how rude they were to us," Carina said in a statement.

THE ASSOCIATED PRESS

## On the Web



Good-natured dogs from NYC and Virginia get married at \$158,000 extravaganza for charity

**Genetics.** If you knew your child would have a genetic disorder, would you abort?

KOA BECK  
mommyish.com

When Rachel and her husband learned that they were pregnant, they began to weigh the possibility of having a child with a severe genetic disorder.

Conceiving at the "advanced maternal age" of 35 years old, Rachel was aware that both she and her husband, aged 40, were at a higher risk for having a child with down syndrome, among other conditions.

They decided that should their fetus test positive for a severe genetic disorder, they would choose abortion.

In retrospect, the now mother to a healthy baby boy says that she and her husband mainly considered quality of a life and what the baby would ultimately prefer.

"We had to ask ourselves what we would want if we were the fetus. Life is challenging enough when you have all of your physical and emotional capacities in check," she says.

**A controversial form of testing**

Emotionally, both pro-choice parents worried they could not be a sturdy support system to a struggling child. The fear of failing a suffering kid caused both Rachel and her husband multiple panic attacks as they readied their life for a new addition.

Financial components also had husband and wife realizing that they couldn't afford treatment for severe disabilities. At the time they found themselves pregnant, Rachel had started a new business and her husband was a teacher.

Rachel's pact with her hus-



With whole genome genetic testing, some women say they would abort a baby with a disability. THINKSTOCK

band mirrors concerns some doctors have about the availability of noninvasive genetic testing. Between daddy's saliva and mommy's blood, scientists can now access a baby's entire genome with a peek into mutations that cause autism.

Other developing blood tests can determine a baby's likelihood to be born with down syndrome following just a few weeks after conception. And understandably, doctors are concerned for what ethical

territory some parents are willing to foray into.

Dr. Arthur Caplan told ABC News that parents obtaining accurate genetic information about their unborn "will be among the most controversial forms of testing ever to appear in medicine as the debate over abortion and disabilities shift to whole genome genetic testing."

Marcy Darnovsky, associate executive director of the Center for Genetics and Society, told The New York Times the access-

ibility of tests will cause "who deserves to be born" dialogues between parents and doctors.

**"It is a very personal choice"**

Nevertheless, Rachel is contemplating expanding her family once again with the same approach in mind. This time both she and her husband will be even older. "If we did, or do in the future, have another

child and they are born with a disability, we would raise them to the best of our ability and give them all the love we have to give. However, given the choice, we would allow a healthier spirit to come into the world at another time.

"It is a very personal choice and never an easy one," she adds. "There is nothing easy for women, pro-choice or not, about terminating a pregnancy. There will inevitably be an emotional hurdle to go over."

**Own a brand new detached home in Cedar Hollow for only \$234,900**



**fusion**  
HOMES  
fusionhomes.com



# First meal of the day at camp just got more exciting

For some campfire infused fare try earthy Fried Eggs with a Medley of Sweet Peppers. While your package of peppers steams on the grill, fry a couple of eggs in a cast-iron skillet over the fire — your eggs will have never tasted better.

**1.** In bowl, toss peppers, red onion, garlic, rosemary, olive oil, lemon juice, salt and pepper until combined.

## Ingredients

### Peppers

- 1 each red, yellow, orange and green sweet pepper, seeded and thinly sliced
- 1 large red onion, thinly sliced
- 4 cloves garlic, thinly sliced
- 4 sprigs of dried rosemary
- 3 tbsp (45 ml) extra-virgin olive oil
- ½ lemon, juiced
- ½ tsp (2 ml) salt and pepper

### Eggs

- 2 tbsp (25 ml) butter
- 6 eggs
- Salt and pepper



This recipe serves six. EGG FARMERS OF ONTARIO

**2.** Divide mix between 2 sheets of heavy duty aluminum foil. Roll to form package. Wrap each again securely in another sheet of foil to double wrap.

**3.** Place packages on greased grill over hot coals of campfire and cook, turning once, until

peppers are tender, 12 mins.

**4.** Meanwhile, melt butter in large cast-iron skillet. Crack 3 eggs into skillet and sprinkle with salt and pepper.

**5.** Let eggs cook until whites begin to turn opaque, 3 mins.

If you wish, turn eggs over and continue cooking, just until yolk begins to set, about 1 min. Repeat with remaining eggs.

**6.** To serve, divide pepper mixture on plates and place an egg on top of each serving of peppers. EGG FARMERS OF ONTARIO

## Healthy eating

### Choose it and lose it



ROSE REISMAN  
for more, visit  
rosereisman.com

Breakfast on the run? Tim Hortons has plenty of choices. However, not all breakfast items are created equally nutritious.

### Tim Hortons 12-grain bagel with cream cheese

#### 474 calories/ 23 gm fat

Twelve-grain sounds incredibly nutritious, but the weight of the bagel alone and high fat cream cheese are the culprits here.



### Equivalent

One 12-grain bagel with cream cheese from Tim Hortons is equal to 15 Blue Menu granola bars in calories. You're better off getting your fibre elsewhere!

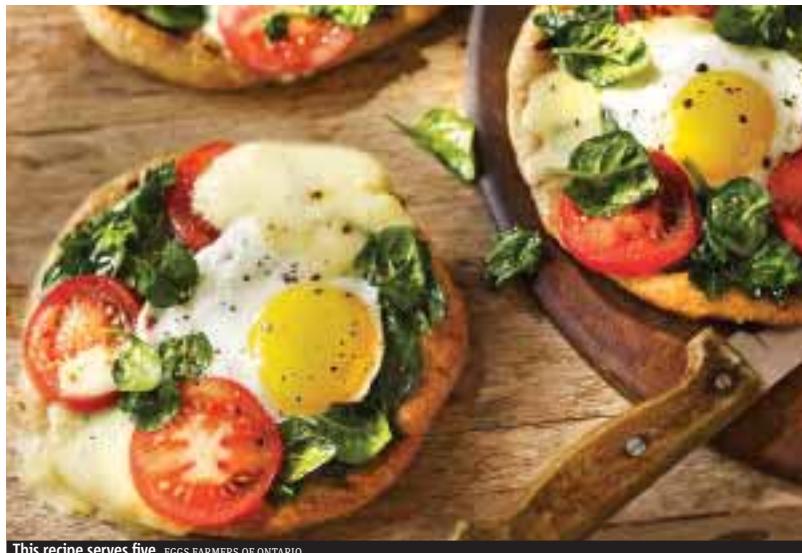
### Tim Hortons Breakfast Sandwich with Egg and Cheese

#### 280 calories/ 11 gm fat

The English muffin is a better choice in terms of fat and calories.



# Breakfast Flatbread: Right start in the woods



This recipe serves five. EGG FARMERS OF ONTARIO

With a bit of planning and organization you can eat delicious, hearty meals, even in the woods!

These breakfast flatbreads are made using store-bought pizza dough and are simply cooked on a grill over a fire.

**1.** In saucepan, heat oil and garlic over medium heat, about 4 minutes. Let sit 10 minutes. Strain, let cool. Discard garlic

**2.** On floured surface, divide

dough into 5 equal portions. (You can use cutting board, when camping).

**3.** Shape each portion of dough into approximately  $\frac{1}{2}$ -inch (1.5 cm) thick rustic 7-inch (18 cm) disks. Put disks on a lightly oiled rimmed baking sheet. Dust top with flour and, top with sheet of oiled parchment paper.

**4.** Slide dough rounds, on outdoor grill and cook over the fire. Cook each disk,

one at a time, cook about 30 seconds or until grill marks appear on bottom of rounds, turn and grill on other side, about 1 minute. Transfer to clean work surface.

**5.** Brush each flatbread with garlic and oil. Top with mozzarella slices, spinach and tomatoes. Break 1 egg into center of each flatbread.

**6.** Season flatbread with salt and pepper. Cover grill with greased foil paper and slide

flatbread back onto greased aluminum foil on grill and cook tented with tinfoil until cheese is melted and egg is set, about 8 minutes. Remove from heat and let stand for 2 minutes before cutting. Continue process until all Breakfast Flatbreads are finished.

EGG FARMERS OF ONTARIO

## Ingredients

- 1 lb (500 g) store-bought whole wheat pizza dough
- ½ cup (125 ml) extra-virgin olive oil
- 3 cloves garlic, crushed
- 1 pkg (200g each) fresh mo-

- zarella, thinly sliced
- 2 cups (500 ml) baby spinach
- 4 large ripe tomatoes, thinly sliced
- 5 eggs
- Salt and pepper

## over 35 restaurants

Book  
Today!

**Happening Now!**  
3 course menu

\$20, \$25, or \$30

**LONDONLICIOUS**  
FESTIVAL  
JULY 13-29

# 'Sometimes we need a little help and inspiration'

**Girl Power.** Meredith Shaw is helping females find their own voice



THE IN-CREDIBILITY FACTOR  
Teresa Kruse  
life@metronews.ca

"It's awesome when you get what you want to do most in life."

For Meredith Shaw that's making music. The singer-songwriter has been performing most of her life and got her big break when Gordie Johnson of reggae-rock band Big Sugar took her under his wing. Johnson produced her CD Place Called Happy and invited her to tour with his band.

"Between touring with Big Sugar, doing my solo shows,

## Dream it, be it

### Are you a girl who believes?

- Upload a video (three minutes max) to YouTube telling Meredith why you are a girl who believes.
- Send the link to [girlswobelieve@gmail.com](mailto:girlswobelieve@gmail.com)
- All Videos are due by August 13, 2012 at 12 a.m.

hosting my radio show (with Toronto's Boom 97.3) and muffymade (her greeting card company) it's been incredible. I'm so grateful."

Meredith's single, Girls Who Believe is a hit and now she's reaching out to inspire other young girls to go after their dreams. She's launched a Canada-wide contest for girls to appear in her next video.

"Whatever they want to go after in life I want to show them they can. For me it's music, for them it could be being a dentist, owning a business or being a mom. Sometimes we need a little help and inspiration."

Calling all girls who believe. Send Meredith your video! "I want to celebrate and do it together."



Meredith Shaw, singer-songwriter, radio host and business owner. PROVIDED



## Discover More at Everest College

Everest College is a place where you can realize your potential for a new career as a **Legal Administrative Assistant**.

Find out how you can achieve more with **Everest College in London**.

London (1st Plaza, 2nd Floor, corner of Wellington & York)

Offering programs in:  
Addictions and Community Services Worker  
Dental Office and Chalkside Assistant  
Health, Fitness and Nutrition Consultant – New program!  
Legal Administrative Assistant – New program!  
Retail Sales Agent

**Everest | COLLEGE**  
BUSINESS • TECHNOLOGY • HEALTH CARE

Providing quality education in Ontario for more than 40 years.  
Career services assistance available to graduates.  
Financial assistance may be available for those who qualify.  
Morning and afternoon classes available.

Call Now for More Information  
**1.866.839.7097**

Visit us online at  
[www.EverestCareers.ca](http://www.EverestCareers.ca)

16 CONVENIENT LOCATIONS IN ONTARIO

Discover a Richer, More Rewarding Future  
**DISCOVER. IMPROVE. ACHIEVE.**

Check out our brand new IT and Web programs!

**BUSINESS & LAW**  
Honours Business Administration  
Supply Chain & Logistics  
Accounting & Payroll Administration  
Paralegal (LSUC Accredited)  
Law Clerk  
Police Foundations

**TECHNOLOGY - NEW!!**  
Information Technology Professional  
Enterprise Web & Mobile Developer  
Web Technology Specialist  
Video Game Design & Development  
Video Game Design Technologies

**HEALTHCARE**  
Physiotherapy Assistant  
Occupational Therapy Assistant  
Pharmacy Assistant  
Early Childhood Assistant  
Medical Office Assistant  
Personal Support Worker  
Community Services Worker  
Addiction Worker


**trios COLLEGE**  
EDUCATION • LEARNING • CAREER

520 FIRST STREET LONDON

1-888-894-1384  
[Careerin1.com](http://Careerin1.com)

NFL

## Brees signs historic 5-year, \$100M contract

Drew Brees has passed his physical and signed his historic \$100-million, five-year contract with the New Orleans Saints.

The star quarterback agreed verbally to the deal Friday. He visited team headquarters Sunday to put pen to paper on a contract that gives him the highest average annual pay in NFL history.

THE ASSOCIATED PRESS



Drew Brees signs his new contract Sunday in Metairie, La. NEW ORLEANS SAINTS/THE ASSOCIATED PRESS

MLB

## Roy Halladay set to return to the Phillies rotation

Phillies ace Roy Halladay is scheduled to be activated from the 15-day disabled list Tuesday and start the game that night against the Los Angeles Dodgers.

The right-hander has been sidelined by a strained right lat muscle since May 28. Team officials announced the plans Sunday.

Halladay is 4-5 with a 3.98 ERA in 11 starts this season. He left his May 27 start against St. Louis early because of shoulder soreness. A subsequent MRI revealed the muscle strain in the back of his right shoulder.

THE ASSOCIATED PRESS



Pitcher Carlos Villanueva, left, confers with J.P. Arencibia Sunday at Rogers Centre in Toronto. TOM SZCZERBOWSKI/GETTY IMAGES

# Villanueva digs deep to deliver win for Jays

**MLB.** Toronto starter gets career-high eight strikeouts vs. Indians

Carlos Villanueva was out of gas and almost out of time, so what's a tired pitcher to do with his last offering of a game?

Throw something no one's really expecting and hope for the best.

Villanueva, giving the Blue Jays the outing that they needed, fanned Cleveland's Casey Kotchman with two out and two on to end the sixth inning at the Rogers Centre on Sunday, the key out to quell the final uprising as Toronto blanked the Indians 3-0 before an announced crowd of 26,407.

Sunday's game

3  
Blue Jays

0  
Indians

And the big out came in part by blind luck.

"Sometimes there's nothing better than a good old backup slider. I think it surprised everybody, me, him, J.P. (Arencibia behind the plate), everybody," Villanueva said after he set a career high with eight strikeouts to run his record to 4-0.

"That's why he swung through it, it was such a bad pitch.... Didn't know where it was going to go and he swung

through it. I don't really care how it happens, it got the last out."

Villanueva gave the Blue Jays six innings before Jason Frasor worked the seventh.

The 28-year-old Villanueva gave up only three hits, never more than one in an inning, and pitched himself out of a couple of ticklish situations.

The Jays gave Villanueva a bit of a cushion with a three-run third inning, helped by a bout of wildness from Indians starter Derek Lowe.

Kelly Johnson singled, stole second and went to third when the throw from Cleveland catcher Carlos Santana sailed into centre field to lead off the third.

Johnson scored on an Arencibia single, Arencibia eventually came in on a Colby Rasmus single and after

Santos done for season

The Toronto Blue Jays will need to wait until next season to see if Sergio Santos is the closer they hope he is.

- Santos will undergo season-ending shoulder surgery after he felt discomfort during a throwing session Saturday.
- A timeline for the 29-year-old's return won't be established until after the surgery is completed.

THE CANADIAN PRESS

a Jose Bautista single, Lowe walked Edwin Encarnacion and Adam Lind back-to-back to force in the third Blue Jays run. TORSTAR NEWS SERVICE



## SPORTS

Horse racing

### Dixie Strike wins Prince of Wales

Filly Dixie Strike took the lead down the stretch and claimed the \$500,000 Prince of Wales Stakes on Sunday. Dixie Strike, with Patrick Husbands aboard, overtook Colleen's Sailor for the lead and went on to win the 1 3/16-mile race, the second jewel of the Canadian Triple Crown, in 1:57.54 on a fast dirt surface at Fort Erie Racetrack.

THE CANADIAN PRESS

Mobile sports



With the crowd roaring, Padraig Harrington got so excited after holing the 18th green at Royal Lytham and St. Annes in 1996 that he forgot what he was doing. Scan the code to find out why Harrington and other golfers say the British Open is "like no other major."

**LONDON RIPPERS**  
PROFESSIONAL BASEBALL

FOR TICKETS CALL  
**519-645-1800**

**LONDONRIPPERS.COM**

**GET RIPPED**  
LONDON RIPPERS PROFESSIONAL BASEBALL

**FRONTIER League**  
PROFESSIONAL BASEBALL

# Sanchez wins Tour stage marred by tacks on road

**Cycling.** Contenders for yellow jersey finish 18 minutes behind stage winner

Luis Leon Sanchez of Spain used his time trial experience to claim a solo victory in the 14th stage of the Tour de France while Bradley Wiggins retained the yellow jersey as the three-week race entered the Pyrenees on Sunday.

Sanchez was among a group of five riders who broke away on the final ascent of the day, the Mur de Pégue.

He made his decisive move 11 kilometres from the finish. Green jersey holder Peter Sagan of Slovakia finished second, 47 seconds behind Sanchez. Sandy Casar was third.

"With Philippe Gilbert and Sagan in the breakaway, I knew that my only chance was to try my luck on my own from far away," said Sanchez, the Spain time-trial champion.

Wiggins retained the race lead as the breakaway riders were lagging well behind in the overall standings.

Wiggins, bidding to be-

## Sabotage

Tour de France officials are asking police to investigate the presence of tacks on the route — causing around 30 riders to encounter punctures during the 14th stage.

- Race director Jean-François Pescheux said the small metal tacks were spread out over the course of about one kilometre during the climb up the Mur de Pégue about 40 kilometres from the finish, with defending champion Cadel Evans among those to suffer a puncture.
- However, the Sky Team — whose leader, Bradley Wiggins, is in the yellow jersey — encouraged the pack to not speed ahead or take advantage and Evans was eventually able to catch up to the peloton.

come the first British rider to win the Tour, leads Sky teammate Christopher Froome by two minutes, five seconds overall. Vincenzo Nibali of Italy is third, 2:23 off the pace.

THE ASSOCIATED PRESS



Spectators push riders, including Joan Horrach of Spain, left, as they climb Mur de Pégue Sunday in France during the 14th stage of the Tour de France. CHRISTOPHE ENA/THE ASSOCIATED PRESS



Jason Kidd speaks during a news conference July 12 in Tarrytown, N.Y., after signing with the Knicks.

THE ASSOCIATED PRESS

## Kidd arrested on drunk-driving charge

Jason Kidd mentoring Jeremy Lin was a nice story last week.

Then Kidd was arrested on a drunken-driving charge. Lin's departure from New York for a "ridiculous contract" in Houston became more realistic, and a position of strength suddenly was one of turbulence for the Knicks.

Kidd's arrest came within hours of the Knicks agreeing to a trade for fellow point

guard Raymond Felton, raising the possibility they will refuse to match Lin's offer sheet with the Rockets.

The Rockets have offered Lin, a restricted free agent, a three-year, \$25-million US deal that's worth about \$15 million in the third year.

Police said Kidd crashed his SUV into a telephone pole in the Hamptons on Sunday, days after signing with the Knicks.

Treated at a hospital for minor injuries after the crash, Kidd was arraigned on a misdemeanor driving-while-intoxicated charge and released without bail, Southampton Town police said.

Phone and email messages were left seeking comment from Kidd's agent.

The Knicks, who signed the 10-time all-star in free agency last week, had no immediate

comment. Nor would they comment on their plans for Lin, even as speculation grew that Linsanity was headed elsewhere.

Kidd, 39, was alone in the 2010 Cadillac Escalade when it hit a pole and veered into the woods around 2 a.m. in Water Mill, police said. Water Mill is a serene, mainly residential community.

THE ASSOCIATED PRESS

## MLB. Verlander returns from all-star break with gem against Orioles

Justin Verlander put on a show at the all-star game, with horrific results.

Against the Baltimore Orioles on Sunday, the reigning Cy Young Award winner staged a pitching clinic that ended quite nicely for the right-hander and the Detroit Tigers.

Verlander allowed three hits in eight innings and the Tigers cruised to a 4-0 victory, their seventh win in eight games.

In his first appearance since yielding five runs in one in-



ning for the AL in an 8-0 loss Tuesday night, Verlander (10-5) struck out eight and walked two.

THE ASSOCIATED PRESS

## Sports in pictures

1

2

3

## 1 CFL. Stamps' Tate slated for shoulder surgery

Calgary Stampeders quarterback Drew Tate is expected to miss the remainder of the CFL season after electing to undergo shoulder surgery. The team announced on its website Sunday that Tate dislocated his left shoulder during a loss in Toronto on July 7.

THE CANADIAN PRESS

## 2 Tennis. Serena keeps rolling after Wimbledon

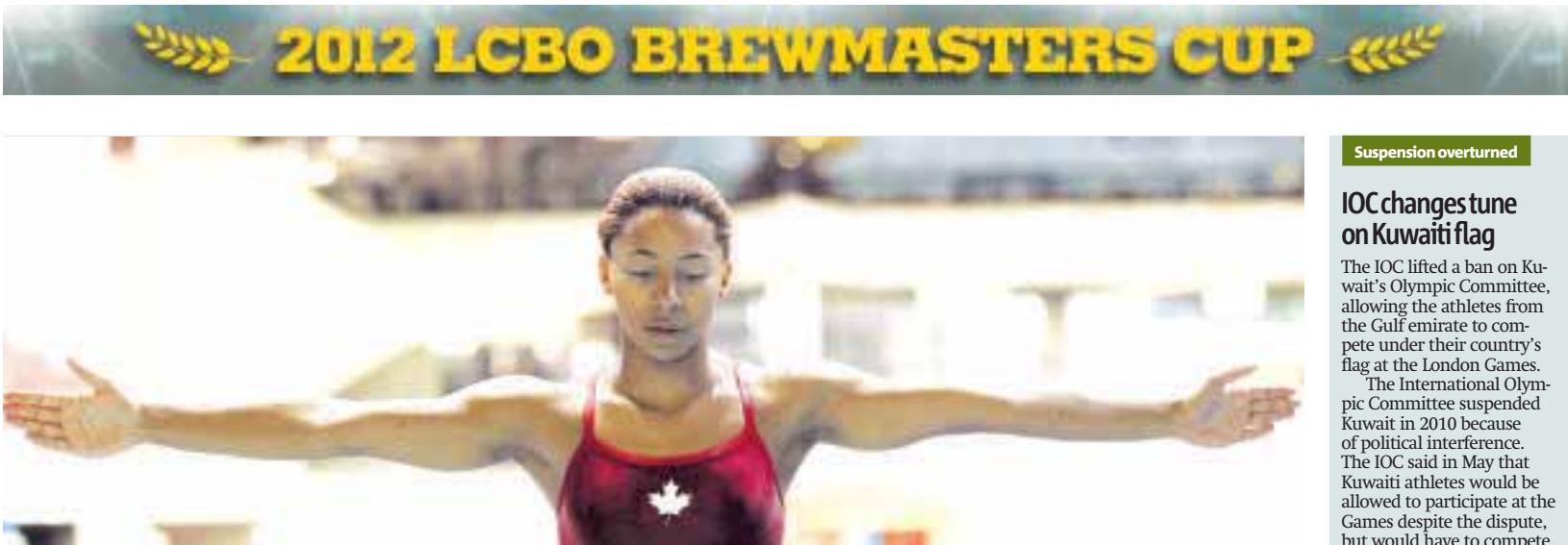
Serena Williams overcame a shaky start and two service breaks to beat Coco Vandeweghe 7-5, 6-3 on Sunday for her second straight Bank of the West Classic title — eight days after winning Wimbledon.

THE ASSOCIATED PRESS

## 3 Golf. Singh tops Molinari at Scottish Open

Jeev Milkha Singh beat Francesco Molinari in a playoff Sunday to win the Scottish Open and secure a late berth in next week's British Open. A final-round meltdown by local hope Marc Warren left Singh and Molinari tied at 17-under, 271. The 40-year-old Indian won by draining a 15-foot putt for birdie on No. 18.

THE ASSOCIATED PRESS



Jennifer Abel works out at Montreal 1976 Olympic Pool in Toronto in April. STEVE RUSSELL/TORSTAR NEWS SERVICE

# Abel's mind all clear heading into London

**Diving.** Laval, Que., diver in fine form heading into second Games at age 20

Every Olympics provides us with a belle of the ball.

All of these athletes are so young, so unaffected, so uncommonly nice. We like a bit of growl from a pro, but the Olympics is a social experiment proving to us that you don't have to be fitful and snarling to be great at something.

There are a wide variety of Canadian candidates for that role in London, but few have the elfin charm of Laval, Que., native Jennifer Abel.

When she walks into a room, Abel does so on her toes, like a dancer. She has that open, slightly sideways smile designed for maximum, childlike endearment. She is shy, especially when speaking English.

"I have been taking an English course," Abel says. The accent is hard, all Quebec. She

pauses. "Class? Course? Do you say 'class' or 'course'?"

Either, which proves that it's working.

Canada is not a factory producing child divers. Abel was one of the youngest ever when she earned a senior spot at age 15, and an Olympic berth at 16. She placed a very respectable 13th on the three-metre board in Beijing.

While Canada's diving team is still associated with two long-serving veterans — Emilie Heymans (Abel's three-metre synchro partner) and Alex Despatie — it is Abel who comes in on the best run of form.

She did not miss a podium during the 2011 season on the three-metre board. She won a bronze at the world aquatics championships in that event and a silver with Heymans in synchro. Along with free-style distance swimmer Ryan Cochrane, Abel was named Canada's 2011 aquatic athlete of the year.

This sort of achievement obviously requires focus, but Abel comes across as a dreamy sort.

## Quoted

**"The time I'm in the air seems so long. Sometimes it feels like I have to think about everything.... It feels like my life passes in front of me before I hit the water."**

Jennifer Abel

When she was about 12, she skinned the board with her head on a rotation during practice. It fixed in her a fear of hurting herself during a dive (ask Despatie about how real that feeling is). She decided she was done with diving. Her family and coaches coaxed her back to the pool. And she adapted to that fear in an odd way. While most divers spend the moments before their dive running through its many complications, Abel does the opposite.

"Nothing. I'm thinking nothing before. If I try to visualize, I will visualize that I am hurting myself," Abel says.

She brought that looseness to Beijing. There are a

## Back on the board

Canadian diver Alexandre Despatie has cleared a psychological hurdle in his comeback from a head injury.

- On Friday, he completed the dive that landed him in hospital with a concussion last month and put his London Games preparation in jeopardy.
- "Today has been a memorable one!" Despatie said on Twitter. "This morning I did 'THE' dive again...It went well! I was a bit emotional

after...But a big step for me! #proud."

The 27-year-old from Laval, Que., smashed his head during practice in June, leaving a 10-centimetre gash near his hairline that required surgery. THE CANADIAN PRESS



Alexandre Despatie  
GETTY IMAGES FILE

thousand good reasons why someone doesn't do as well as they might have dreamed they could. Like the rest of us, Olympians are not realists. They know their place well before they arrive, but cling to the idea that the unrealized breakthrough could happen at the perfect moment.

Abel won't allow herself to think that way.

"In Beijing, I wasn't nervous at all. I didn't pay attention to anything, to how big it is," she says. "But now I know. Last time I came 13th. All I want to do is beat that place."

TORSTAR NEWS SERVICE

Suspension overturned

## IOC changes tune on Kuwaiti flag

The IOC lifted a ban on Kuwait's Olympic Committee, allowing the athletes from the Gulf emirate to compete under their country's flag at the London Games.

The International Olympic Committee suspended Kuwait in 2010 because of political interference. The IOC said in May that Kuwaiti athletes would be allowed to participate at the Games despite the dispute, but would have to compete and march in the opening ceremony under the Olympic flag. THE ASSOCIATED PRESS

Racism allegations

## Aussie Steffensen threatens to sit out after 400m snub

Australian track athlete John Steffensen has threatened to boycott the London Olympics after alleging racism because he was not selected individually to run the 400 metres and was given only a relay spot.

Steffensen, in a television interview, accused Athletics Australia of racial vilification and said he would bypass the Games in protest. The dual Commonwealth Games gold medallist was upset after an individual 400 berth was granted to teenager Steve Solomon, a runner who also achieved a B-qualifying time.

Steffensen was selected only as a member of Australia's 4x400 relay team. THE ASSOCIATED PRESS



John Steffensen GETTY IMAGES FILE

## WHICH OF THESE BEERS TASTES LIKE VICTORY? YOU DECIDE.

Cast your vote today at [brewmasterscup.com](http://brewmasterscup.com)



# Organizers sprint to complete finishing touches

## London Olympics.

Official says venue setups are on track to be done for opening ceremony

With the opening ceremony less than two weeks away, there's a mad dash to the finish line at the Olympics and it has nothing to do with sprinters.

Hundreds of construction workers are toiling away inside the Olympic Park, laying cables, installing seats and adding the last layers of sparkle and polish to the venues.

There's plenty to do.

"It's looking a bit industrial isn't it?" said Chris Allen, a local who came to the edge of the park to have a look. "I am not seeing England's green fields. I do hope it's going to look better."

Shades of Athens, where chronic delays pushed workers to the brink to complete preparations in time for the Games to start in 2004. Hardly, say London organizers, who have prided themselves on finishing their massive construction project ahead of time and on budget. Things may look a bit messy now, they say, but all will be fine by the time the curtain goes up on July 27, when the torch is lit.



Workers carry scaffolding next to the Riverbank Arena in the Olympic Park on Sunday in London, England. JAE HONG/THE ASSOCIATED PRESS

"We're not at the stage yet where we're ready to flick the TV on," James Bulley, director of venues for the organizing

committee LOCOG, told The Associated Press. "The athletes aren't ready to start competing yet, either. We want all our

### Quoted

"They look unfinished before you get there. But the venues are ready. They've been tested."

Andrew Boff, a member of the London Assembly and vocal critic of the Olympic project

venues to look absolutely spectacular and pristine.

"The venues are ready. We're now just doing the final setup for the Games. We're in a good place. We're on track. There's nothing I'm worried about."

The last few weeks and days are all about putting up signs, fitting in the remaining seats and completing the landscaping.

"We will be mowing lawns right up to the opening ceremony," LOCOG chairman Sebastian Coe told the AP.

The last thing organizers need at this point is a crisis over readiness of the venues. At the moment, they're coping with the fallout from a bungled contract by private security group G4S that forced the government to call in about 3,500 additional troops — many just returned from tours of duty in Afghanistan — to fill the shortfall. THE ASSOCIATED PRESS

metro

## HELP WANTED

### General Help

**Full Time & Seasonal Positions Available!**  
Now hiring for all positions. Customer Service, Marketing, Sales, Management. No Exp Req. Students Welcome 519-913-3140

## RENTALS

### Apartments Unfurnished

2 bdr, 106 King Edward Ave, S675 + Hydro, inc laundry, lockers, security cameras i/o, paved parking & fenced. Avail Sept 1st 519-633-6961 janetyates05@hotmail.com

### Rooms Furnished

**LONDON EAST A/C Furnished Room**  
New bed/bedding, fridge/micro, cable/TV  
Quiet home For Working Man.  
Move in Ready (519)455-2826

## MERCHANDISE

### Merchandise for Sale

Bathtub grab bar  
for for entering and exiting assistance.  
Great condition.  
519-617-6764

## CLASSIFIEDS

TO ADVERTISE, CALL:  
1 800 527-6767

### Merchandise for Sale

Bed assist rails.  
Excellent condition.  
519-617-6764

Canon PIXMA MG3120 Wireless Inkjet Photo All-In-One Printer. Box never opened. This printer is \$89-\$99 everywhere else.  
519-617-6764

### HOUSEHOLD SERVICES

#### General Services

**PROFESSIONAL PAINTING**  
Specializing in interior painting, residential & small commercial, new construction, re-painting, small repairs etc.  
226-239-3329  
facebook/day painters

### Other Services

#### Is GOUT a pain? Now is the time to act!

Clinical research studies are enrolling Gout sufferers.

Gout is a type of arthritis. It often comes and goes, with attacks of pain, redness and swelling in one or more joints. Over time, these "attacks" may become more frequent and severe, even leading to joint damage.

**While there is no known cure, medical research is working to find answers.**

**Join now and receive study-related medical care for your gout. As a study participant, you will receive:**  
• Close monitoring of your gout  
• Investigational medication at no cost  
• Study-related medical care & tests at no cost.

### Other Services

#### Other Services

#### You Should Know That:

• You don't need to be having a gout attack now to participate  
• The study doctor will see you monthly over the next 6-14 months  
• Your medical information is kept strictly confidential, unless given your permission or except as required by law  
• You may also be provided compensation to cover your time & travel expenses

**kgk synergize**

[www.kgkclinic.com](http://www.kgkclinic.com)

519-858-8359

### Junk Removal

**ECONO REMOVAL**  
**DISCOUNT JUNK REMOVAL**  
**SERVICES**  
Fast Friendly Fair  
Same Day Service Free Estimates  
Call Rick for great discount rates  
**519-777-9634**

 follow us  
 like us

metro

## MISCELLANEOUS

### Miscellaneous

**LOOK!**  
Advertise in this space  
for as low as  
**\$10/day!!**  
Call 1-800-527-6767

Place your ad in Metro Classifieds  
[metroclassifieds.ca](http://metroclassifieds.ca)  
**1 800 527-6767**

### Miscellaneous

### Miscellaneous

## Attention Realtors!

Did you know Metro is the most read daily national newspaper in the country?  
Advertise your listings with Metro Classifieds.



1 Listing  
Starting as low as  
**\$18 per day**

Call 1-800-527-6767 to place your ad now!

**Sell Your Stuff For FREE! Call 1-800-527-6767**

Limited space Available Size 1.535" X .542", Limit 1/day, 2/wk

30 Childrens story books \$20  
Singing Valentine Monkey and  
Joke telling Bear \$20  
519-453-8798

**Antique  
8 ft Wooden Step Ladder**  
**\$45**  
**519-641-9270**

Casio Wk-110 Electronic Keyboard  
76 piano style keys with touch response  
High quality piano & other sounds  
\$200 Call (519)268-7919

**IKEA Unused single bed.**  
Made in Canada  
\$120.00 (retail price was \$300)  
**800-366-1487 Ext 6580**

New tabletop ironing board - \$15  
2 step ladder - \$10  
Two car jack stands - \$10 for both  
Call (519)204-9013

**Sofa Bed Lazy Boy**  
Dark blue, Excellent condition  
\$200.00  
519-686-8219

6 drawer 1950's Vertical Danish Dresser  
Teak finish Ex Condition  
\$120  
226-663-7562

Art Luther Guitar cut away  
6 string Acoustic  
Excellent condition \$325  
226-663-7562 call after 10am

**Display Pole 9' high. Great for Trade Show Banner Ads. Perfect Condition.**  
Includes Accessories Reg price \$300  
**A steal at \$90 Please call 519-473-1091**

**JAZZY ELECTRIC MOBILE CHAIR**  
New batteries in March, serviced regularly  
Excellent condition, \$400.00  
**519-472-4960**

New tabletop ironing board - \$15  
2 step ladder - \$10  
Two car jack stands - \$10 for both  
Call (519)204-9013

**Very nice plant stand**  
Holds 4 plants  
\$25.00  
(519)663-5411

Air Conditioner 6000 BTU's  
Excellent Condition  
\$100 FIRM  
519-204-0495

Baby Highchairs by Fisher Price  
Both recline 1 Blue 1 Tan  
\$25 each  
London East 519-452-7661

**Gas Scooter - Blue in color!**  
Great Shape - 3 years young!  
\$1000 OBO  
Call (226)663-5980

Kitchen Items 8 boxes  
including the Microwave and Toaster  
\$20 OBO Or Canadian Tire money  
226-663-9223

Patio Umbrella - push up type  
\$25.00  
(519)663-5411

• American tourister 21" suitcase \$50  
• Salton Wine Cellar Fridge holds 8 bottles  
Both items are brand new  
(519)659-9430

Built fo Baldwin Electric Organ  
Full range rhythm and tempo  
Excellent Condition \$325 FIRM  
519-657-9185

**Geo Electric Bike**  
Includes helmet, charger etc.  
\$700 Price neg, 1st come, 1st serve  
519-697-0561

• Large Open Face Furance Blower moves air fast \$25 • Wooden Shoes Size 10 to 11 \$25  
• Antique hand crank singer sewing machine works... \$90 (519)453-8798

Sectional Sofa Bed Oatmeal in Color.  
Sears Value of \$2400 10 mths old  
**Selling for \$849  
519-476-1552**

Yamaha Electric Guitar Pack - 15watt  
amp/stand & accessories. Like New.  
\$280  
Call (519)268-7919

CLASSIFIEDS CUSTOMER SERVICE: 1 800 527-6767 - MONDAY TO FRIDAY 8:30 AM TO 6:00 PM (ATL) Metro requests that advertisers check their advertisement upon publication and advise Metro immediately if there are any copy errors in the advertisement or if there is any incorrect insertion of any particular ad regardless of the number of times such ad is run incorrectly. Metro's liability for any such error is limited to the amount actually paid by the customer for a single publication of the advertisement in the space the ad is run. In no event shall Metro be liable for any non-insertion of any advertisement for any reason whatsoever. All copy is subject to the approval of the management of Metro. Metro reserves the right to classify all advertisements.

## Horoscopes

## ♈ Aries

March 21 - April 20

You have wasted far too much time on issues that in the greater scheme of things just do not matter. That needs to change. It's time to get serious about what is truly important in your life, starting with your family.

## ♉ Taurus

April 21 - May 21

You know what you want and you know how to get it and come the new moon on Thursday it will be in your possession. When it comes to satisfying your physical and emotional desires, nothing gets in the way!

## ♊ Gemini

May 22 - June 20

No matter what you are going through at the moment you know what needs to be done to remedy the situation. So do it. Others will come to you with their problems too but they must be told to wait.

## ♋ Cancer

June 21 - July 22

You don't lack for opinions and over the next few days you won't lack for the confidence to express them. Just make sure that everything you say is based on genuine facts. Wishful thinking is not good enough.

## ♌ Leo

July 23 - Aug. 22

Some things will make no sense at all over the next few days. Should you be worried? Not really. There is a method behind the apparent madness of current events — it's just that you can't quite see it yet.

## ♍ Virgo

Aug. 23 - Sept. 22

The closer you get to Thursday's new moon the sharper your vision will be. Your inner vision too will be clear and strong and you'll know without a shadow of a doubt what needs to be done. So do it.

## ♎ Libra

Sept. 23 - Oct. 22

Get serious about your aims and ambitions this week. Even if you are the type of Libra who finds it hard to be decisive you will be motivated to start something new over the next few days. Make it big.

## ♏ Scorpio

Oct. 23 - Nov. 21

You will have to deal with people whose ideas and opinions are the opposite to your own today but you can still get along. In fact it is quite likely you will be inspired by their different take on reality.

## ♐ Sagittarius

Nov. 22 - Dec. 21

Even if you don't see yourself as particularly ambitious you will want to move up in the world over the next few days. More to the point you will want to see your income improve. You're worth more than you're getting.

## ♑ Capricorn

Oct. 23 - Nov. 21

Let certain people know why you need to break free. They will, of course, disagree with every word you say but you are determined to do things your way for a change. Good for you. It's your life after all.

## ♒ Aquarius

Jan. 21 - Feb. 18

The more you worry about your money situation the more you set up a negative feedback loop, which just makes matters worse. Focus on something positive today, something that brings a smile to your face.

## ♓ Pisces

Feb. 19 - March 20

If you've got something to say then you must say it, no matter what the consequences might be. Put your point of view across simply but forcefully, then listen carefully to the replies that come in.

SALLY BROMPTON

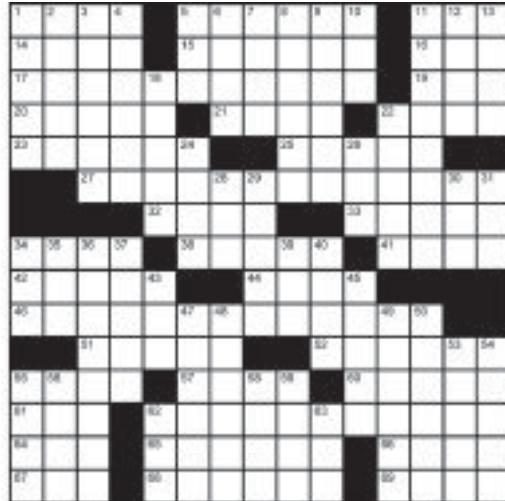
## Crossword

## Across

1. Land of the Midnight Sun dweller  
5. In 1534, Jacques Cartier landed on the Gaspe Peninsula and claimed the land for this country  
11. 1501  
14. One of the reeds  
15. Cleaning these stables was one of the 12 tasks of Hercules  
16. Colgate competitor  
17. Paul de \_\_\_: founder in 1642 of Ville-Marie (Montreal)  
19. "\_\_\_ thousand times..."  
20. Spotty breakouts  
21. Org. probing for outer-space life  
22. Bearer of bad luck  
23. \_\_\_ shabby!"  
25. \_\_\_ Joe's: diner invitation  
27. In 1926, it defined British dominions as equal in status  
32. Gunfight at the OK Corral survivor now buried in Colma, California  
33. Nearby movie houses, colloquially  
34. VIP wheels  
38. In 1994, this pact linked Canada, the United States, and Mexico  
41. Canada joined this mutual defense org. in 1949  
42. Garnish  
44. The Lord of the Rings creatures  
46. Alberta and Saskatchewan became part of this on Sept. 1, 1906  
51. Fiddler on the Roof dairyman  
52. Bring in  
55. Osso \_\_\_ (Italian veal dish)  
57. First name in jazz singing  
60. Madagascar tree climber

## Down

61. That: Sp.  
62. Ontario's precursor, established in 1791  
64. Abner or Orphan Annie lead-in  
65. Accomplished in  
66. Astringents  
67. Where to take it on the  
68. Bytown today  
69. Toronto originally  
71. Willie of Death of a Salesman  
2. "Great" or "Little" Bahamas island  
3. Destination in a two-part route  
4. Spanish coin first minted in 1869  
5. Computer cooler  
6. Baseball scores  
7. "A Death in the Family" writer  
8. Grammar gender  
9. Expensive spread  
10. Québec-to-Montréal dir.  
11. It joined 46-Across on July 15, 1870  
12. Singer Celine  
13. This giant-screen, large-format film medium was developed in Toronto in 1970  
18. "\_\_\_ Mio": Enrico Caruso hit  
22. Canada declared war on this country on Dec. 7, 1941  
24. The end \_\_\_ era  
26. Start of a countdown  
28. 60 minuti  
29. Expecting, as a raise  
30. Sometimes follows a gen.  
31. General for whom a style of chicken is named  
34. Alberta's \_\_\_ La Biche  
35. Exchanged vow



36. On September 13, 1759 Wolfe defeated this French commander on the Plains of Abraham  
37. Monteverdi opera partly set in the underworld  
39. Refrain syllable  
40. Broadway opening  
43. Cal neighbor  
45. City that was India's summer capital during The Raj  
47. Colorist's vessel  
48. Conger trap under water  
49. Without subterfuge  
50. "Skip the sandwich dressing"  
53. Not so civil  
54. East of Eden family name  
55. He invented the telephone July 26, 1874, in Brantford, Ont.  
56. Org. that oversaw the Voice of America until 1999  
58. Swan lover?  
59. Got \_\_\_ deal  
62. La Cage aux Folles actor Tognazzi  
63. Windy City rail system, briefly

## Sudoku

## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Friday's Sudoku

1	3	2	7	6	8	5	4	9
4	7	8	9	5	2	1	6	3
6	9	5	1	3	4	2	7	8
8	2	3	5	7	6	9	1	4
5	1	6	4	8	9	7	3	2
9	4	7	2	1	3	6	8	5
7	5	4	8	9	1	3	2	6
3	8	1	6	2	5	4	9	7
2	6	9	3	4	7	8	5	1

4	8		1		7	3
7	1					
		9				1
9	2	8				
5		2	3		6	
2			7	2	3	
			4			
				1	5	
4	9	5	3	2		



## Friday's crossword



## What's online

Looking for more?  
Check us out online.

- Answers. Stumped? See the answers to today's crossword and Sudoku right now at [metronews.ca/answers](http://metronews.ca/answers).

- MetroTube. We scour the Internet to bring you the best videos out there, at [metronews.ca](http://metronews.ca).



Read metro work every Monday and Wednesday for tips and trends in education and employment.

Only in Metro. News worth sharing.



QuestChat™  
feel the rush

TRY IT FREE\*

519.439.4444

Other Cities 1.888.482.8282

1.900.677.4444 » \$25/50min

# DRIVE TO DECIDE

## 2012 SX4 JA iAWD CROSSOVER

MSRP ~~\$22,890~~



hwy 6.6L/100km 43mg

"Canada's Most Affordable All-Wheel Drive"

## 2012 SX4 JA iAWD CROSSOVER

**\$17,890**

PLUS  
HST

SAVE  
**\$5,000**  
OFF

## 2012 SX4 JA SEDAN

MSRP ~~\$19,930~~



hwy 6.1L/100km 46mg

"Suzuki's Super Commuter"

### Ultimate Suzuki



## 2012 SX4 JA SEDAN

**\$14,930**

PLUS  
HST



Way of Life!

Visit with our sales consultant for full details.

ULTIMATE SUZUKI

WHARNCLIFFE AT SOUTHDALE, LONDON  
**1.866.251.6005**

TIME'S RUNNING OUT.



CONSUMERS SHOULD READ THE FOLLOWING: \*CONSUMERS SHOULD READ THE FOLLOWING: \*All offers and Selling Price include Delivery & Destination of \$1,450 for SX4, \$100 A/C Excise Tax, \$29 Tire Tax, \$395 Dealer Administration Fee and \$50MVIC Fee. Offers and Selling Price exclude applicable taxes (including HST and tax for fuel conservation, where applicable), license, registration, insurance and a down payment of \$0. Vehicles may not be exactly as shown. These offers cannot be combined with any other offers and are subject to change without notice. Offer available on select models. Dealers may sell for less. See participating dealers for details. Vehicle images shown may include optional upgrades. Offer valid until July 30, 2012.